

# St Ronans News Letter January 18



## ***Trixie's Blog***

**Activities:** We have had a fabulous time here at St Ronans. Many joyful activities singing and dancing and joining in with our own percussion band instruments has been such fun. Most of the residents made their own Christmas hats with dear Meg and me, they are thrilled with the outcome. Bob our vicar came to give a special Christmas Communion and singing carols and Wendy came with her usual joyous self to give individual blessings.

For the weekly picnic trips in December to the beach we have had two lots of fish and chips, an absolute favourite.

Snow White at The Kings Theatre for five of our residents was an enormous success and such fun. The Fashion Show and homemade tea party last week was delightful. Just for the residents to look at beautiful clothes, try them on and choose themselves gave a huge boost and they looked gorgeous. We look forward to another one in spring.

**Fundraising:** Our posh tea party raised £80 for the Macmillan Nurses. So many thanks for everyone's very kind support.

**Feedback:** Please continue to write the feedback and pop them into the box into Matron's wooden box in the lobby where you sign in.

*My love, warm hugs and many blessings to you all for your Amazing support and cheery smiles here at St Ronans. It means such a lot to us all.*

*Trixie*  
xxxx

## ***Birthday Wishes For***

Nellie 3<sup>rd</sup> January, Glenda 21<sup>st</sup> January, Moira 22<sup>nd</sup> January, Mary 16<sup>th</sup> February

## ***Staff***

A warm welcome to Lauren, Monica, Emily and Maeliss who join us as Nursing Assistants, and to Eskarina who joins us as a Housekeeper. We hope they enjoy working as part of our team. We say goodbye to Steve, who is retiring after many years with us. We wish him all the best for the future.

## ***Our Website***

Our website is packed full of helpful and exciting news – and pictures galore! [www.st-ronans.co.uk](http://www.st-ronans.co.uk)

## ***Infection Control***

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alcohol gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

*Newsletters will be produced every two months. Newsletters are located in the front entrance hall.*

## **Dates For Your Diary**

2 <sup>nd</sup> January	Bingo with Trixie
3 <sup>rd</sup> January	Quiz with Mandy and Hairdressing with Kaye
4 <sup>th</sup> January	Residents Trip out, cooking with Trixie and quiz
5 <sup>th</sup> January	Vitalyz exercise session with Marci
8 <sup>th</sup> January	Miranda and her Saxophone and Manicures with Dee
9 <sup>th</sup> January	Lallie singing
10 <sup>th</sup> January	Silver South Ladies and Massage Therapy with Dee
11 <sup>th</sup> January	Resident Trip and picnic, Little Joe and his guitar
12 <sup>th</sup> January	Vitalyz exercise session with Marci
15 <sup>th</sup> January	Janet and Matthew's singing act
16 <sup>th</sup> January	Hairdressing
17 <sup>th</sup> January	Quiz with Mandy
18 <sup>th</sup> January	Resident's Trip and Communion with Bob
19 <sup>th</sup> January	Vitalyz exercise session with Marci
22 <sup>nd</sup> January	Manicures with Dee
24 <sup>th</sup> January	Paul Nicholas singing and Massage Therapy with Dee
25 <sup>th</sup> January	Resident Trip out and picnic
26 <sup>th</sup> January	Vitalyz exercise session with Marci
30 <sup>th</sup> January	Hairdressing
31 <sup>st</sup> January	Quiz with Mandy
1 <sup>st</sup> February	Residents Trip and picnic
2 <sup>nd</sup> February	Vitalyz exercise session with Marci
5 <sup>th</sup> February	Janet and Mathews singing act and Manicures with Dee
6 <sup>th</sup> February	Little Jo and his guitar
7 <sup>th</sup> February	Lallie singing and Massage Therapy with Dee
8 <sup>th</sup> February	Residents Trip out
9 <sup>th</sup> February	Vitalyz exercise session with Marci
13 <sup>th</sup> February	Hairdressing
14 <sup>th</sup> February	Quiz with Mandy
15 <sup>th</sup> February	Resident's Trip out.
16 <sup>th</sup> February	Vitalyz exercise session with Marci
19 <sup>th</sup> February	Manicures with Dee
20 <sup>th</sup> February	Elvis, Communion with Bob
21 <sup>st</sup> February	Miranda and her saxophone and Massage Therapy with Dee
22 <sup>nd</sup> February	Resident's Trip out
23 <sup>rd</sup> February	Vitalyz exercise session with Marci
27 <sup>th</sup> February	Hairdressing
28 <sup>th</sup> February	Quiz with Mandy

If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.

### **Comments and Complaints**

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box.

Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

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