

# St Ronans News Letter June 16



## ***Trixie's Blog***

**Our Garden** is looking quite beautiful now and ready for Portsmouth in Bloom when the Judges come round. We have upgraded this year with bird boxes, an insect box, water butt, compost bin and hanging baskets – so fingers crossed! However it's all fun for us with Michael, Babs, Joy and Ann all helping. Michael has made a lovely herb garden.

**Activities** Thank you so much for joining in our posh tea party "Paws for Tea" for the PDSA and we raised a marvellous £60. The Residents' ceramics came back from Moira looking beautiful, and the chosen Relatives were thrilled. More "posh tea parties" will continue and a notice will be up on our notice board in the lobby where you sign in plus BBQ's in our Garden, weather permitting! We now have a make-up club with amazing results – with a little blusher, eyeshadow and lipstick our ladies feel reborn – and look gorgeous. Our lovely Bob from St Simons Church continues to come along for communion and dear Wendy who comes for individual blessings. A wonderful support.

**Fund Raising** Friends and Relatives old and new very kindly continue to support our fund and so this enables us to have fish and chips monthly on our bus outings and a shandy. Glorious picnics continue weekly all year – rain or shine!

**Feedback** Please continue to write feedback forms and pop them into Matron's Box on the reception desk.

Hugest thanks as always for your continual support and good cheer. You make an amazing contribution to us at St Ronans and are a very valuable part of us.

With love and blessings, Trixie xxx

## ***Birthday wishes for:***

Tony 5 July    Eileen 22 July    Billy 11 August    Harry 20 August    Fred 27 August

## ***Our Website***

Our wonderful new website is now live!!! It will be packed full of helpful and exciting news – and pictures galore! Make sure you take a look and let us know what you think. [www.st-ronans.co.uk](http://www.st-ronans.co.uk)

## ***Staff***

A warm welcome to Flipia, Luis, Julie, Alina, Layla, Cassie, Alison, Tania, Sally and Lacey, we hope they enjoy working as part of our team. Staff Long Service Awards coming up soon; we hope you join us in thanking them all for their continued dedication and contribution to providing outstanding care.

## ***Infection Control***

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alco gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

## **Dates For Your Diary**

1 <sup>st</sup> July	Vitalyz exercise session with Marci and Games with Stuart
4 <sup>th</sup> July	Massage Therapy with Dianne and Mobility and Reminiscence with Claire
5 <sup>th</sup> July	Manicures with Dianne and Giani's Entertainment
6 <sup>th</sup> July	<b>Carousel present Summer Holiday</b>
7 <sup>th</sup> July	<b>Resident's trip out</b>
8 <sup>th</sup> July	Vitalyz exercise session with Marci and Games with Stuart
12 <sup>th</sup> July	Hairdressing with Kaye
13 <sup>th</sup> July	Miranda Saxophone and Sing a Long
14 <sup>th</sup> July	<b>Resident's trip out</b>
15 <sup>th</sup> July	Vitalyz exercise session with Marci and Games with Stuart
18 <sup>th</sup> July	Manicures with Dianne and Mobility and Reminiscence with Claire
19 <sup>th</sup> July	Manicures with Dianne and Giani's Entertainment
20 <sup>th</sup> July	Quizzes and Mobility with Mandy
21 <sup>st</sup> July	<b>Resident's trip out</b>
22 <sup>nd</sup> July	Vitalyz exercise session with Marci and Games with Stuart
26 <sup>th</sup> July	Hairdressing with Kaye
27 <sup>th</sup> July	Spirit of the South Choir
28 <sup>th</sup> July	<b>Resident's trip out</b>
29 <sup>th</sup> July	Vitalyz exercise session with Marci and Paul's Entertainment
1 <sup>st</sup> August	Manicures with Dianne and Mobility and Reminiscence with Claire
2 <sup>nd</sup> August	Massage Therapy with Dianne and Giani's Entertainment
3 <sup>rd</sup> August	Miranda Saxophone and Sing a Long
4 <sup>th</sup> August	<b>Resident's trip out</b>
5 <sup>th</sup> August	Vitalyz exercise session with Marci and Games with Stuart
9 <sup>th</sup> August	Hairdressing with Kaye
10 <sup>th</sup> August	Quizzes and Mobility with Mandy
11 <sup>th</sup> August	<b>Resident's trip out</b> and Shuri's Entertainment
12 <sup>th</sup> August	Vitalyz exercise session with Marci and Games with Stuart
15 <sup>th</sup> August	Manicures with Dianne and Mobility and Reminiscence with Claire
16 <sup>th</sup> August	Massage Therapy with Dianne and Giani's Entertainment
18 <sup>th</sup> August	<b>Resident's trip out</b>
19 <sup>th</sup> August	Vitalyz exercise session with Marci and Games with Stuart
23 <sup>rd</sup> August	Hairdressing with Kaye
24 <sup>th</sup> August	<b>Memory Lane Group present Punch and Judy</b>
25 <sup>th</sup> August	<b>Resident's trip out</b>
26 <sup>th</sup> August	Vitalyz exercise session with Marci and Games with Stuart
29 <sup>th</sup> August	Manicures with Dianne and Mobility and Reminiscence with Claire
30 <sup>th</sup> August	Massage Therapy with Dianne and Giani's Entertainment
31 <sup>st</sup> August	Quizzes and Mobility with Mandy

If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.

### **Comments and Complaints**

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box.

Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

*Newsletters will be produced every two months. Newsletters are located in the front entrance hall.*