

St Ronans News Letter *March 17*



Trixie's Blog

Garden A wonderful time now Spring is creeping upon us with lighter mornings and evenings. Our garden has had a little prune and sweep getting ready for warmer weather ~ hopefully good enough for residents and families to have a little airing to see our bulbs now coming up in their pots! What joy! We will have to start planning our summer garden ready for Portsmouth in Bloom which will be judged in July; who knows, it's all fun whatever happens and our Residents love the involvement.

Activities We now have new entertainers on our books that come regularly and give us all much joy, singing and laughter. Mandy our regular Quiz Master is very popular and our Residents have an amazing knowledge once prompted. We love family and friends joining us for our entertainment, that is what makes St Ronans so special, having you here with us.

Fundraising Our Spring Cake Sale will be coming up in April and the confirmed date will be put on our door as you come in. The Relatives and Friends Support Group will be on the same day ~ hope to see as many as possible

Feedback Please continue to write feedback forms and pop them into Matron's Box at reception. Hugest thanks for your continual support, kindness and good cheer ~ it means so much to us all.
Blessings and love to you all, Trixie xxx

Birthday Wishes For

Pamela	8 th March;	Robert	9 th March;	Alf	26 th March;
Roselyn	28 th March;	Joy	8 th April;	Irene	9 th April;
Tom	10 th April;	Eileen	11 th April;	Barbara	22 nd April;
Joyce	24 th April;	Eileen	28 th April;	Denis	28 th April;

Staff

A warm welcome to Shannon and Aurelia, we hope they enjoy working as part of our team.

Inspections As soon as we receive our CQC and Healthwatch reports we will share them with you.

Survey The survey analysis will be shared with you in March

Thank you all for your feedback

Please review us on Carehome.co.uk; Healthwatch; CQC; Google and our website

Our Website

Our website is packed full of helpful and exciting news – and pictures galore! www.st-ronans.co.uk

Infection Control

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alco gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

We would welcome any comments or articles written by residents, relatives, friends & staff.

Newsletters will be produced every two months. Newsletters are located in the front entrance hall.

Dates For Your Diary

1 st March	Quizzes and Mobility with Mandy and Massage Therapy with Dianne
2 nd March	Resident's trip out and Grace's Sing a Long
3 rd March	Vitalyz exercise session with Marci
6 th March	Manicures with Dianne and Film Show with Stuart
7 th March	Hairdressing with Kaye and Partytime perform Best of West End Musicals 2pm
9 th March	Resident's trip out and Musical Bingo with Trixie
10 th March	Vitalyz exercise session with Marci and Paul's Entertainment
13 th March	Manicures with Dianne and Film Show with Stuart
14 th March	Giani's Entertainment
15 th March	Quizzes and Mobility with Mandy and Massage Therapy with Dianne
16 th March	Resident's trip out
17 th March	Vitalyz exercise session with Marci
20 th March	Manicures with Dianne and Film Show with Stuart and Mature Movers
21 st March	Hairdressing with Kaye and Oran and his Accordion
22 nd March	Miranda Saxophone and Sing a Long and Massage Therapy with Dianne
23 rd March	Resident's trip out and Grace's Sing a Long
24 th March	Vitalyz exercise session with Marci
26 th March	Mothering Sunday
27 th March	Manicures with Dianne and Film Show with Stuart
28 th March	David's Swing Mix and Blessings with Father Matthew
29 th March	Zoolab Animals 2pm and Massage Therapy with Dianne
30 th March	Resident's trip out and Memory Lane – All the girls Love a Sailor 2.30pm
31 st March	Vitalyz exercise session with Marci
3 rd April	Manicures with Dianne and Film Show with Stuart and Mature Movers
4 th April	Hairdressing with Kaye and Giani's Entertainment
5 th April	Karen Carpenter Tribute 2pm Blessings with Father Matthew and Massage Therapy with Dianne
6 th April	Resident's trip out and Partytime PRESENT In My Easter Bonnet
7 th April	Vitalyz exercise session with Marci
10 th April	Manicures with Dianne and Film Show with Stuart
12 th April	Quizzes and Mobility with Mandy and Massage Therapy with Dianne
13 th April	Resident's trip out and Grace's Sing a Long
14 th April	Good Friday Vitalyz exercise session with Marci.
16 th April	Easter Sunday
17 th April	Manicures with Dianne and Film Show with Stuart and Mature Movers
18 th April	Hairdressing with Kaye and 2pm Carousel perform Music Hall
19 th April	Miranda Saxophone and Sing a Long and Massage Therapy with Dianne
20 th April	Resident's trip out and Jo plays his Guitar
21 st April	Vitalyz exercise session with Marci and Paul's Entertainment
24 th April	Manicures with Dianne and Film Show with Stuart
25 th April	Giani's Entertainment
26 th April	Oran and his Accordion and Massage Therapy with Dianne
27 th April	Resident's trip out and Amber's Animals 2pm
28 th April	Vitalyz exercise session with Marci

If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.

Comments and Complaints

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box.
Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

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