

# St Ronans News Letter May17



## The Cake Sale



### ***Trixie's Blog***

**Garden** Our Residents and Families are starting to enjoy our garden again on a few sunny and warmer days ~ how wonderful. The garden is coming back to life with gorgeous blossoms and everything sprouting into growth, especially the roses with beautiful buds. No Portsmouth in Bloom this year as the City Council have decided to concentrate on their own parks and gardens with wild flower patches for everyone to enjoy.

**Activities** We continue to enjoy our regular activities with much singing and dancing ~ even from our seats! Many is wonderful with her quiz days much enjoyed by all staff in passing! Please come and join us as we love having you're here with us.

**Fundraising** Our Spring Homemade Cake Sale will be on Wednesday 17<sup>th</sup> May from about 11am, either outside in our front garden or in the first room on the right as you come in the front door. The Relatives and Friends Support Group meeting will be on the same day ~ hope to see as many as possible. Do come and support us ~ gorgeous cakes (homemade) to enjoy and all funds help us with fish and chip treats on the beach ~ Theatre trips ~ endless wool for our knitting clubs etc.

**Feedback** Please continue to write feedback forms and pop them into Matron's Box in the lobby where you sign in.

Many thanks for your continual support, kindness and cheerfulness which means so much to us all.  
With my love and blessings, Trixie xxx

### ***Birthday Wishes For***

Derek 5 May; Andy 20 May; Colin 21 May; Violet 22 May; Anne 24 May;  
Brian 5 June; Eddie 13 June; Ron 25 June;

### ***Feedback***

We have sent out a copy of our latest CQC Inspection and survey summaries, copies are available to read in the Home. If you want a copy let the Office Team know

Thank you all for your feedback

**Please review us on [Carehome.co.uk](http://Carehome.co.uk); Healthwatch; CQC; Google and our website**

### ***Our Website***

Our website is packed full of helpful and exciting news – and pictures galore! [www.st-ronans.co.uk](http://www.st-ronans.co.uk)

### ***Infection Control***

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alco gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

*Newsletters will be produced every two months. Newsletters are located in the front entrance hall.*

## **Dates For Your Diary**

1 <sup>st</sup> May	Manicures with Dianne and Film Show with Stuart and Mature Movers
2 <sup>nd</sup> May	Hairdressing with Kaye
3 <sup>rd</sup> May	Quizzes and Mobility with Mandy and Massage Therapy with Dianne
4 <sup>th</sup> May	<b>Resident's trip out</b> and Grace's Sing a Long
5 <sup>th</sup> May	Vitalyz exercise session with Marci
8 <sup>th</sup> May	Manicures with Dianne and Film Show with Stuart
9 <sup>th</sup> May	Giani's Entertainment
10 <sup>th</sup> May	Miranda Saxophone and Sing a Long and Massage Therapy with Dianne
11 <sup>th</sup> May	<b>Resident's trip out</b> and David's Swing Mix and <b>Blessings with Father Matthew</b>
12 <sup>th</sup> May	Vitalyz exercise session with Marci
15 <sup>th</sup> May	Manicures with Dianne and Film Show with Stuart and Mature Movers
16 <sup>th</sup> May	Hairdressing with Kaye
17 <sup>th</sup> May	Oran and his Accordion and Massage Therapy with Dianne
18 <sup>th</sup> May	<b>Resident's trip out</b>
19 <sup>th</sup> May	Vitalyz exercise session with Marci and Paul's Entertainment
22 <sup>nd</sup> May	Manicures with Dianne and Film Show with Stuart
23 <sup>rd</sup> May	Jo plays his Guitar
24 <sup>th</sup> May	Miranda Saxophone and Sing a Long and Massage Therapy with Dianne
25 <sup>th</sup> May	<b>Resident's trip out</b> and Grace's Sing a Long
26 <sup>th</sup> May	Vitalyz exercise session with Marci
29 <sup>th</sup> May	Manicures with Dianne and Film Show with Stuart and Mature Movers
30 <sup>th</sup> May	Hairdressing with Kaye and Giani's Entertainment
31 <sup>st</sup> May	Quizzes and Mobility with Mandy and Massage Therapy with Dianne
1 <sup>st</sup> June	<b>Resident's trip out</b>
2 <sup>nd</sup> June	Vitalyz exercise session with Marci and Paul's Entertainment
5 <sup>th</sup> June	Manicures with Dianne and Film Show with Stuart
6 <sup>th</sup> June	Beth's Entertainment
7 <sup>th</sup> June	Massage Therapy with Dianne
8 <sup>th</sup> June	<b>Resident's trip out</b>
9 <sup>th</sup> June	Vitalyz exercise session with Marci
12 <sup>th</sup> June	Manicures with Dianne and Film Show with Stuart and Mature Movers
13 <sup>th</sup> June	Hairdressing with Kaye and Giani's Entertainment
14 <sup>th</sup> June	Miranda Saxophone and Sing a Long and Massage Therapy with Dianne
15 <sup>th</sup> June	<b>Resident's trip out</b> and Grace's Sing a Long
16 <sup>th</sup> June	Vitalyz exercise session with Marci
19 <sup>th</sup> June	Manicures with Dianne and Film Show with Stuart
20 <sup>th</sup> June	David's Swing Mix
21 <sup>st</sup> June	Quizzes and Mobility with Mandy and Massage Therapy with Dianne
22 <sup>nd</sup> June	<b>Resident's trip out</b> and Oran and his Accordion
23 <sup>rd</sup> June	Vitalyz exercise session with Marci
26 <sup>th</sup> June	Manicures with Dianne and Film Show with Stuart and Mature Movers
27 <sup>th</sup> June	Hairdressing with Kaye
28 <sup>th</sup> June	Jo plays his Guitar and Massage Therapy with Dianne
29 <sup>th</sup> June	<b>Resident's trip out</b>
30 <sup>th</sup> June	Vitalyz exercise session with Marci

If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.

### **Comments and Complaints**

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box.

Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

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