

St Ronans News Letter November 17



Trixie's Blog

Garden: Beautiful weather at the moment for autumn and our lovely windswept garden at St Ronans is now all pruned, snipped, swept and ready for Spring! On a sunny day it's still a joy to sit out there in Martins Arbour, so please still visit and take a hot cup of something with you xxx

Activities: Our weekly bus trips out to the beach for our picnics or fish and chips are such a joy and much enjoyed by the Residents. Bob and Wendy continue with our Pastoral Care, Communion and individual blessings and are such a lovely part of St Ronans. We have an amazing array of singers, musicians, animals, craft, harps and entertainers most days. We are so lucky at St Ronans to have this opportunity for our residents. They love it all and it makes such a difference to their day. Our Christmas activities are very special including a trip to the Kings Theatre for the Snow White Panto.

Fundraising: Last week we had a very successful and happy Posh Tea Party for the Macmillan Nurses. Families, friends and Residents enjoy our cream tea and a good laugh and natter! I will put the total raised on our lobby door next week, still counting.

A Christmas Posh Tea Party is coming up. Will let you know the date. Do join us if you can.

Feedback: Please continue to write the feedback and pop them into the box into Matron's wooden box in the lobby where you sign in.

Blessings and love to you all for your cheery smiles and on-going support, which means the world to us all.

From Trixie

xxx

Birthday Wishes For

Monica 12th November ,

Ivy 29th November,

Keith 20th December

Staff

A warm welcome to Anna who has joined us as a Registered Nurse, and to Grant, Kerry and Danielle who have joined us as Nursing Assistants. We hope they enjoy working as part of our team.

Our Website

Our website is packed full of helpful and exciting news – and pictures galore! www.st-ronans.co.uk

Infection Control

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alcohol gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

We would welcome any comments or articles written by residents, relatives, friends & staff.

Newsletters will be produced every two months. Newsletters are located in the front entrance hall.

Dates For Your Diary

1 st November	Wild Science with Amber and Massage Therapy with Dee
2 nd November	Resident's trip out and Lallie singing
3 rd November	Vitalyz exercise session with Marci and Paul Nicholas Singing.
6 th November	Manicures with Dee and Film Show
7 th November	Cooking with Trixie and quiz
8 th November	Massage with Dee and Miranda and her Saxophone
9 th November	Resident's trip and Beth singing
10 th November	Gianni's Entertainment and Vitalyz exercise session with Marci
13 th November	Manicures with Dee and Film Show
14 th November	Hairdressing and Oran and his Accordion
15 th November	Quizzes with Mandy and Massage Therapy with Dee
16 th November	Resident's trip out and Grace's Sing a Long
17 th November	Vitalyz exercise session with Marci
20 th November	Manicures with Dee and Film Show
21 st November	Gianni's Entertainment
22 nd November	David's Swing Mix and Massage Therapy with Dee
23 rd November	Resident's trip out and Joe and his guitar
24 th November	Vitalyz exercise session with Marci and Beth Singing
27 th November	Manicures with Dee and Film Show
28 th November	Hairdressing and Lallie singing
29 th November	Massage Therapy with Dee and Miranda and her Saxophone
30 th November	Resident's trip out and Mother Goose Panto
1 st December	Vitalyz exercise session with Marci
4 th December	Manicures with Dee and Film Show
5 th December	Singing with Sarah
6 th December	Quizzes with Mandy and Massage Therapy with Dee
7 th December	Resident's trip out and Grace's Sing a Long
8 th December	Vitalyz exercise session with Marci and Gianni's Entertainment
11 th December	Manicures with Dee and Film Show and Beth singing
12 th December	Hairdressing and Joe and his guitar
13 th December	Carousel present Cinderella and Massage Therapy with Dianne
14 th December	Resident's trip out and Oren and his Accordion
15 th December	Vitalyz exercise session with Marci and Miranda Saxophone and Clarinet
18 th December	Manicures with Dee and Film Show
19 th December	Linnie's Winter Fashions and Trixie's homemade cakes and teas
20 th December	Cooking with Trixie and Massage Therapy with Dee
21 st December	Resident's trip out and singing with Sarah
22 nd December	Vitalyz exercise session with Marci and Gianni's Christmas Songs
24 th December	Christmas Eve
25 th December	Christmas Day
26 th December	Boxing Day
27 th December	Quizzes with Mandy
28 th December	Cooking with Trixie and quiz

If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.

Comments and Complaints

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box.

Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

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