

St Ronans News Letter *November 16*



Trixie's Blog

Our Beautiful Garden and our hard work for this year's Portsmouth in Bloom won us GOLD ~ what excitement and such an achievement for our Resident Gardeners ~ Michael Nolan particularly.

Activities we have some wonderful new activities. A Magician with live Rabbits ~ Animal Therapy with reptiles, insects and small fluffy animals! The Residents were a bit weary to start with but loved it all and all it involved ~ very hands on! Good photos! We are booked now with Pantomimes and brilliant entertainers right up to Christmas and January 2017. Good fun xxx please join us. Our lovely Bob and Wendy continue to support us from St Simons Church with their individual blessings and communion if desired ~ very comforting for our Residents and much appreciated.

Fund Raising Relatives and Friends old and new continue to support our fund raising which enables us to have extra lovely treats ~ fish and chips on our bus trips out ~ our make-up club and a trip to the Kings Theatre for the Panto this December to name but a few. Our Autumn homemade cake sale in our front garden will be mid-November with our Relatives and Friends Support Group meeting on the same day ~ the exact date will be put up in the lobby beforehand. Posh tea parties continue and the next one will be for Children in Need ~ the date will also be in the lobby ~ do come and support if you can.

Feedback Please continue to write feedback forms and pop them into Matron's Box on the reception desk.

Hugest thanks for your continual support, kindness and good cheer ~ you are such a valuable part of St Ronans. With all our love and blessings, Trixie xxx

Birthday Wishes For

Barbara 09-Nov	Monica 12-Nov	Bob 21-Nov	Ivy 29-Nov
	Cynthia 13-Dec	Keith 20-Dec	

Our Website

Our website is packed full of helpful and exciting news – and pictures galore! www.st-ronans.co.uk

Staff

A warm welcome to Cheryl, we hope she enjoys working as part of our team.

Infection Control

Norovirus Outbreak Thank you all for your understanding and patience during this period, we had 56 cases in the Home but because we all worked together to protect our Residents we were clear within 10 days. A reminder to all though, nasty bugs are prevalent this time of year, please refrain from visiting if you are unwell, and do not visit until you are 48 hours clear of the bug.

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alco gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

We would welcome any comments or articles written by residents, relatives, friends & staff.

Newsletters will be produced every two months. Newsletters are located in the front entrance hall.

Dates For Your Diary

1 st November	Hairdressing with Kaye and Oran and his Accordion
2 nd November	Miranda Saxophone and Sing a Long
3 rd November	Resident's trip out and Grace's Sing a Long
4 th November	Vitalyz exercise session with Marci and Film Show with Stuart
7 th November	Manicures with Dianne and Mobility and Reminiscence with Claire
8 th November	Manicures with Dianne and Paul's Entertainment
9 th November	Quizzes and Mobility with Mandy
10 th November	Resident's trip out and Lallie presents Theatre and Opera
11 th November	Vitalyz exercise session with Marci and Film Show with Stuart
15 th November	Hairdressing with Kaye and Memory Lane present Once Upon a War
16 th November	Oran and his Accordion
17 th November	Resident's trip out
18 th November	Vitalyz exercise session with Marci and Film Show with Stuart
21 st November	Manicures with Dianne and Mobility and Reminiscence with Claire
22 nd November	Massage Therapy with Dianne and Gian's Entertainment
23 rd November	Silver Spirit Choir
24 th November	Resident's trip out and Oran and his Accordion
25 th November	Vitalyz exercise session with Marci and Film Show with Stuart
29 th November	Hairdressing with Kaye and Memory Lane present Let it Snow
30 th November	Quizzes and Mobility with Mandy
1 st December	Resident's trip out and Grace's Sing a Long
2 nd December	Vitalyz exercise session with Marci and Film Show with Stuart
4 th December	Salvation Army Band at 10.15am
5 th December	Manicures with Dianne and Mobility and Reminiscence with Claire
6 th December	Massage Therapy with Dianne and Gian's Entertainment
7 th December	Animal Therapy – Fluffy Bunnies and Reptiles
8 th December	Resident's trip out and Miranda Saxophone and Sing a Long
9 th December	Vitalyz exercise session with Marci and Film Show with Stuart
12 th December	Oran and his Accordion
13 th December	Hairdressing with Kaye and
14 th December	Carousel present Xmas Panto Little Red Riding Hood
15 th December	Resident's trip out
16 th December	Vitalyz exercise session with Marci and Film Show with Stuart
19 th December	Manicures with Dianne and Mobility and Reminiscence with Claire
20 th December	Massage Therapy with Dianne and Carols with Danielle and the children
21 st December	Quizzes and Mobility with Mandy
22 nd December	Resident's trip out and Animal Therapy – Fluffy Bunnies and Reptiles
23 rd December	Vitalyz exercise session with Marci and Film Show with Stuart
25 th December	Christmas Day
27 th December	Hairdressing with Kaye and Karen Carpenter Tribute Act
28 th December	Miranda Saxophone and Sing a Long
29 th December	Grace's Sing a Long
30 th December	Vitalyz exercise session with Marci and Games with Stuart

If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.

Comments and Complaints

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box. Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

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