

# St Ronans News Letter *August 16*



## ***Trixie's Blog***

**Our Garden** continues to bloom beautifully and Residents, friends and families enjoy it daily with cups of tea and a snack or two! The Portsmouth in Bloom evening for the competition results will be on Thursday 15<sup>th</sup> September ~ here's hoping we may be lucky ~ however it's like a little bit of Heaven for us all and that is all that matters. Huge thanks to dear Martin our Maintenance Manager for all the help with the endless watering.

**Activities** We are enjoying some wonderful Activities and Dolly Parton last week and our Posh Tea Party was brilliant. The Posh Tea Party was for the Macmillan Nurses and we managed to collect about £65 and rising, will send monies next week ~ fabulous. We have some brilliant Activities booked right up until Christmas with Posh Tea Parties so please make sure you collect your new Newsletter for dates. Our lovely Bob from St Simons Church continues to come along for communions and to support in happy and sad times. Also dear Wendy who comes along regularly for individual blessings and in hours of need. We are so lucky to have them both and their support at St Ronans.

**Fund Raising** Friends and Relatives old and new very kindly continue to support our fund and so this enables us to have lovely treats ~ sweets, fish and chips on our outings, special picnics in our garden, make up for our make up club, endless lovely things. Thank you all so much for your endless kindness and care. Our Autumn cake sale in our front garden and Relatives and Friends meeting will be in October; a date will go up on the board in the lobby.

**Feedback** Please continue to write feedback forms and pop them into Matron's Box on the reception desk.

Hugest thanks for your continual support, kindness and good cheer to us all at St Ronans. You are all such a valuable part of us. With our love and blessings, Trixie xxx

## ***Birthday Wishes For***

Michael 5 September    Lynn 11 September    Joyce and Denise 23 September  
Veronica 30 September    Beryl 3 October    Gwenda 15 October    Mick 22 October

## ***Our Website***

Our website is packed full of helpful and exciting news – and pictures galore! [www.st-ronans.co.uk](http://www.st-ronans.co.uk)

## ***Staff***

A warm welcome to Joanne, we hope she enjoys working as part of our team. **Staff Long Service Awards** coming up soon; we hope you join us in thanking them all for their continued dedication and contribution to providing outstanding care. **Hampshire Care Awards** are back, visit [www.hampshirecareawards.co.uk](http://www.hampshirecareawards.co.uk) to nominate our amazing staff or our outstanding Home.

## ***Infection Control***

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alco gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

## ***Dates For Your Diary***

1 <sup>st</sup> September	<b>Resident's trip out</b>
2 <sup>nd</sup> September	Vitalyz exercise session with Marci and <b>Carousel present Top Hats and Tails Puppet Show</b>
6 <sup>th</sup> September	Hairdressing with Kaye
7 <sup>th</sup> September	Miranda Saxophone and Sing a Long
8 <sup>th</sup> September	<b>Resident's trip out</b> and Grace's Sing a Long
9 <sup>th</sup> September	Vitalyz exercise session with Marci and Film Show with Stuart
12 <sup>th</sup> September	Manicures with Dianne and Mobility and Reminiscence with Claire
13 <sup>th</sup> September	Manicures with Dianne and Giani's Entertainment
14 <sup>th</sup> September	Oran and his Accordion
15 <sup>th</sup> September	<b>Resident's trip out and Garden in Bloom Results!</b>
16 <sup>th</sup> September	Vitalyz exercise session with Marci and Film Show with Stuart
20 <sup>th</sup> September	Hairdressing with Kaye
21 <sup>st</sup> September	Quizzes and Mobility with Mandy
22 <sup>nd</sup> September	<b>Resident's trip out</b>
23 <sup>rd</sup> September	Vitalyz exercise session with Marci and Paul's Entertainment
26 <sup>th</sup> September	Manicures with Dianne and Mobility and Reminiscence with Claire
27 <sup>th</sup> September	Massage Therapy with Dianne and Giani's Entertainment
29 <sup>th</sup> September	<b>Resident's trip out</b>
30 <sup>th</sup> September	Vitalyz exercise session with Marci and <b>Memory Lane present The Rat Pack</b>
4 <sup>th</sup> October	Hairdressing with Kaye
5 <sup>th</sup> October	Miranda Saxophone and Sing a Long
6 <sup>th</sup> October	<b>Resident's trip out</b> and Grace's Sing a Long
7 <sup>th</sup> October	Vitalyz exercise session with Marci and Film Show with Stuart
10 <sup>th</sup> October	Manicures with Dianne and Mobility and Reminiscence with Claire
11 <sup>th</sup> October	Massage Therapy with Dianne and Giani's Entertainment
12 <sup>th</sup> October	<b>Carousel present American Song Book</b>
13 <sup>th</sup> October	<b>Resident's trip out</b>
14 <sup>th</sup> October	Vitalyz exercise session with Marci and Film Show with Stuart
18 <sup>th</sup> October	Hairdressing with Kaye and <b>Memory Lane present Magical Hits from the Musicals</b>
19 <sup>th</sup> October	Quizzes and Mobility with Mandy
20 <sup>th</sup> October	<b>Resident's trip out and Sadie presents Celebrate the Queen</b>
21 <sup>st</sup> October	Vitalyz exercise session with Marci and Film Show with Stuart
22 <sup>nd</sup> October	<b>Animal Therapy – Fluffy Bunnies and Reptiles</b>
24 <sup>th</sup> October	Manicures with Dianne and Mobility and Reminiscence with Claire
25 <sup>th</sup> October	Massage Therapy with Dianne and Giani's Entertainment
27 <sup>th</sup> October	<b>Resident's trip out and Lallie presents Classic Country Music</b>
28 <sup>th</sup> October	Vitalyz exercise session with Marci and Film Show with Stuart

If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.

### ***Comments and Complaints***

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box.

Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

*Newsletters will be produced every two months. Newsletters are located in the front entrance hall.*