

# St Ronans News Letter November 19



## ***Trixie's Blog***

A big thank you to Caroline covering for Maria and doing an amazing job.

The Ronans cake sale and coffee morning was a success~everyone supported well and bought gorgeous cakes...

October has been so wet that we haven't always been able to have our Thursday picnics out but have managed to have our lovely fish and chips in as a super treat ...

Our fashion day and cream tea was a huge success with our families and friends...much fun and gorgeous clothes bought.

Take care in these colder months coming and enjoy our Christmas activities and entertainment coming up

Lots happening on our social calendar ~ keep looking and join us whenever you can.

Huge thank you for all the support from our dear families and friends and all the encouragement you give. It means a great deal to us.

Thank you as always to Bob our lovely vicar from St Simons for his blessings and communions.

Look on the main front door in the lobby for special upcoming events.

Please continue to write feedback forms and pop them into Matrons brown box in the lobby where you sign in

With my love hugs and blessing from  
Trixie xxx

## ***CQC Inspection***

We have recently been reinspected by CQC and we are thrilled to announce we have been awarded a Good rating. Copy of our report can be found by clicking the following link

<https://www.cqc.org.uk/location/1-122863391>

## ***November and December Birthday Wishes For***

November Birthdays: Gordon, Maureen, Alan, Laura      December Birthdays: Christine, Julia, Keith, Sonia

## ***Staff***

A warm welcome to Cerys, Sarah, Rebecca, Ana, Lauren, Molly, Cindy, Victoria and Rebecca. We hope they enjoy working as part of our team

## ***Our Website***

Our website is packed full of helpful and exciting news – and pictures galore! [www.st-ronans.co.uk](http://www.st-ronans.co.uk)

## ***Infection Control***

Our Infection Control Lead Nurse is Lynn Taylor. Please remember to always use the alcohol gel when arriving and leaving the Home, wash your hands regularly and if you feel poorly or have an infection check with the Home before visiting.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

## **Dates for Your Diary**

Monday 4 <sup>th</sup> November	Hair dressing with Leah in the morning. Afternoon visit from Claire at Mature Movers. 2pm music and singing with Miranda.
Tuesday 5 <sup>th</sup> November	Exercise with Sally from Vitalyz in the morning and Janet and Mathew singing in the Afternoon
Wednesday 6 <sup>th</sup> November	Hair dressing with Leah in the morning.
Thursday 7 <sup>th</sup> November	Trip out on the bus with Trixie and Sue.
Monday 11 <sup>th</sup> November	Hair with Leah in the morning. Afternoon the lovely Lallie will be performing her Remembrance show
Tuesday 12 <sup>th</sup> November	Exercise with Sally from Vitalyz in the morning.
Wednesday 13 <sup>th</sup> November	Hair dressing with Leah in the morning and then Paul Nicholas will be singing in the Afternoon
Thursday 14 <sup>th</sup> November	Trip out on the bus with Trixie and Sue.
Friday 15 <sup>th</sup> November	Gracious Grace will be singing for us in the afternoon.
Monday 18 <sup>th</sup> November	Hair dressing with Leah in the morning. Afternoon visit from Claire at Mature Movers.
Tuesday 19 <sup>th</sup> November	Exercise with Sally from Vitalyz in the morning.
Wednesday 20 <sup>th</sup> November	Hair dressing with Leah in the morning and magic Mandy's Quiz in the afternoon.
Thursday 21 <sup>st</sup> November	Trip out on the bus with Trixie and Sue.
Friday 22 <sup>nd</sup> November	Amazing Amanda will be singing for us.
Monday 25 <sup>th</sup> November	Hair dressing with Leah in the morning then at 2pm music and singing with Miranda.
Tuesday 26 <sup>th</sup> November	Exercise with Sally from Vitalyz in the morning.
Wednesday 27 <sup>th</sup> November	Hair dressing with Leah in the morning and Beautiful Beth will be singing for us in the afternoon
Thursday 28 <sup>th</sup> November	Trip out on the bus with Trixie and Sue.
Monday 2 <sup>nd</sup> December	Hair dressing with Leah in the morning. Afternoon visit from Claire at Mature Movers.
Tuesday 3 <sup>rd</sup> December	Exercise with Sally from Vitalyz.
Wednesday 4 <sup>th</sup> December	Hair dressing with Leah in the morning and magic Mandy's Quiz in the afternoon.
Thursday 5 <sup>th</sup> December	No trip today. Paul Nicholas will be singing in the afternoon.
Monday 9 <sup>th</sup> December	Hair with Leah in the morning. Fabulous Lee will be singing in the afternoon.
Tuesday 10 <sup>th</sup> December	Exercise with Sally from Vitalyz in the morning. Gracious Grace will be singing for us in The afternoon
Wednesday 11 <sup>th</sup> December	Hair dressing with Leah in the morning and Janet and Mathew sing in the afternoon. 3.15pm blessing and communion with Father Bob.
Thursday 12 <sup>th</sup> December	Trip out on the bus with Trixie and Sue.
Monday 16 <sup>th</sup> December	Hair dressing with Leah in the morning. Afternoon visit from Claire at Mature Movers. Then at 2pm music and singing with Miranda.
Tuesday 17 <sup>th</sup> December	Exercise with Sally from Vitalyz in the morning.
Wednesday 18 <sup>th</sup> December	Hair dressing with Leah in the morning and magic Mandy's Quiz in the afternoon.
Thursday 19 <sup>th</sup> December	Carry on Carousel will be performing Dick Whittington in the afternoon. No trip today.
Friday 20 <sup>th</sup> December	Amazing Amanda will be singing for us.
Monday 23 <sup>rd</sup> December	Hair dressing with Leah in the morning then at 2pm music and singing with Miranda.
Tuesday 24 <sup>th</sup> December	Hair dressing with Leah and exercise with Sally from Vitalyz in the morning.
Wednesday 25 <sup>th</sup> December	Merry Christmas from all at St Ronans. Father Christmas will be visiting us today to put his feet up after a hard night's work and for a good old festive sing song.
Thursday 26 <sup>th</sup> December	Boxing day.

**If you would like to pursue an activity or hobby that is not yet provided let us know and we can arrange something for you. Please feel free to come and join in with any of the activities.**

### **Comments and Complaints**

If you have any comments, concerns or complaints, please have a chat with Matron as soon as possible, alternatively leave a note in the post box. Monthly surgeries for residents, relatives & friends and staff run every month, please see signs for dates and times. Remember Matron's door is always open.

**We would welcome any comments or articles written by residents, relatives, friends & staff.**

*Newsletters will be produced every two months. Newsletters are located in the front entrance hall.*